

June 2020

Dear respondent,

Thank you for taking the time to answer this survey. This survey is targeted at people who smoked at least one cigarette per day before the lockdown. This includes people who quit smoking during lockdown. We want to understand how you have responded to the cigarette sales ban, particularly since it has been extended to lockdown level 3.

This survey is conducted by researchers at the University of Cape Town. We are independent of any government institution, such as the SA Revenue Services or the SA Police Service. The information we collect from you will be anonymous, and will not be used to trace you in any way. The survey is voluntary and you can stop at any point. It will take between 5 and 10 minutes to complete. This survey has been approved by the Ethics in Research Committee of the Commerce Faculty at the University of Cape Town.

Between 29 April and 11 May 2020 we performed a similar survey. The results of this survey received substantial media attention. This is a new survey. If you completed the first survey, you are encouraged to take part in this one as well.

If you complete this survey, you can win one of ten R500 Takealot vouchers. The draw will take place on Friday the 19th of June. If you have any questions about the survey please contact Professor Corné van Walbeek at cornelis.vanwalbeek@uct.ac.za.

1. Are you 18 or older?

☐ Yes

☐ No

2. Were you a regular cigarette smoker (at least 1 cigarette per day) in the week before the lockdown started (19–26 March)?

☐ Yes

☐ No

3. Have you attempted to quit smoking since the sale on cigarettes was banned due to lockdown (since 27 March)?

☐ Yes

☐ No

4. What was the main reason for your quit attempt during lockdown?

- ☐ The ban on cigarette sales motivated me to quit
- ☐ The ban on cigarette sales: I cannot find cigarettes
- ☐ The ban on cigarette sales: cigarettes have become too expensive during lockdown
- ☐ Health concerns
- ☐ Requests/pressure from family and friends
- ☐ I do not want to be addicted to cigarettes
- ☐ Other (please specify)

5. Have you successfully quit smoking during the lockdown?

☐ Yes

☐ No

6. Roughly when did you smoke your last cigarette?

- ☐ Between 25 March and 4 April
- ☐ Between 5 April and 18 April
- ☐ Between 19 April and 2 May
- ☐ Between 3 May and 16 May
- ☐ Between 17 May and 31 May
- ☐ Since 1 June
- ☐ Don't know

7. How many cigarettes did you typically smoke per day before lockdown?

8. Do you intend to start smoking again after the lockdown is over?

- ☐ Yes
- ☐ No
- ☐ Don't know

For this section, answer all questions in relation to your usual smoking behaviour before the lockdown/ban on the sale of cigarettes.

9. How many cigarettes did you typically smoke per day?

10. In what quantities/packaging did you usually buy cigarettes?

- ☐ Single stick
- ☐ Box of 10 cigarettes (note that this is NOT a carton with 200 cigarettes)
- ☐ Box of 20 cigarettes
- ☐ Box of 30 cigarettes
- ☐ Bulk pack/carton of 200 cigarettes (10 boxes of 20 cigarettes)

(Continued) For this section, answer all questions in relation to your usual smoking behaviour before the lockdown/ban on the sale of cigarettes.

11. How much did you typically pay for one {{ Q10 }} (in Rands and cents)? Please provide the number only (R/c not necessary)

12. Which brand of cigarettes did you usually buy?

13. Where did you usually buy cigarettes?

- ☐ Formal retailer (e.g. Pick n Pay, Spar, etc.)
- ☐ Petrol station
- ☐ Wholesaler
- ☐ Tobacco shop (e.g. Tobacconist, Cock 'n Bull, etc.)
- ☐ Cafe
- ☐ Vending machine
- ☐ Spaza shop
- ☐ House shop
- ☐ Street vendor
- ☐ Online platform (e.g. Facebook, online tobacco shop, etc.)
- ☐ From friends/family
- ☐ Other (please specify)

14. Before lockdown, how regularly did you share the **same cigarette** with another person? (This does not include offering another person a cigarette from the same box)

- ☐ Never
- ☐ Rarely (less than 10% of cigarettes I smoked were shared with others)
- ☐ Sometimes (between 10% and 50% of cigarettes I smoked were shared with others)
- ☐ Often (more than 50% of cigarettes I smoked were shared with others)

15. Did you stock up on cigarettes in preparation for the lockdown (before 27 March)?

☐

Yes

☐

No

☐

Don't know

16. When you stocked up, how long did you expect your stock to last during the lockdown?

- ☐ Less than a week
- ☐ Between 1 and 2 weeks
- ☐ Between 2 and 3 weeks
- ☐ Between 3 and 4 weeks
- ☐ More than 4 weeks
- ☐ Don't know

17. How many cigarettes have you smoked on average per day **in the last month**?

18. In the last month, how regularly have you shared the **same cigarette** with another person? (This does not include offering another person a cigarette from the same box)

- ☐ Never
- ☐ Rarely (less than 10% of cigarettes I smoked were shared with others)
- ☐ Sometimes (between 10% and 50% of cigarettes I smoked were shared with others)
- ☐ Often (more than 50% of cigarettes I smoked were shared with others)

19. During lockdown, have you purchased cigarettes?

- ☐ Yes
- ☐ No

20. Think about your **most recent** purchase of cigarettes during lockdown (even if it was only a single stick).
Where did you buy your cigarettes from?

- ☐ Street vendor
- ☐ Spaza shop
- ☐ House shop
- ☐ Car guard
- ☐ Café
- ☐ Vending machine
- ☐ Formal retailer (e.g. Pick n Pay, Spar, etc.)
- ☐ Petrol station
- ☐ Wholesaler
- ☐ Tobacco shop (e.g. Tobacconist, Cock 'n Bull, etc.)
- ☐ Through WhatsApp
- ☐ Other online platform (e.g. Facebook, Twitter)
- ☐ Acquaintances who are essential workers
- ☐ Through friends/family
- ☐ Other (please specify)

21. For your **most recent** cigarette purchase (during lockdown), what packaging type did you buy? (If you bought more than on pack type, choose the one that you usually buy)

- ☐ Loose/single stick
- ☐ Box of 10 cigarettes (note that this is not a carton with 200 cigarettes)
- ☐ Box of 20 cigarettes
- ☐ Box of 30 cigarettes
- ☐ Bulk pack/carton of 200 cigarettes

22. For your most recent cigarette purchase (during lockdown), how much did you pay (in Rands and cents) for one {{ Q21 }}? Please provide the number only (R/c not necessary)

23. Which brand of cigarettes was this product (most recent purchase during lockdown)?

24. Do you agree with the following:

	Yes	No	Don't know
The ban on the sale of tobacco products during lockdown level 5?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The extension of the ban on the sale of tobacco products into lockdown levels 4 and 3?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The ban on the sale of alcohol during lockdown levels 5 and 4?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The policy to allow the sale of alcohol during level 3 of the lockdown?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Do you think you can get COVID-19 from sharing a cigarette?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Before lockdown , did you ever pick up and smoke a cigarette butt ("stompie") off the ground?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Since lockdown , have you ever picked up and smoked a cigarette butt ("stompie") off the ground?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

25. What is your gender?

- ☐ Male
- ☐ Female
- ☐ Prefer not to answer

26. What year were you born?

27. How old were you when you started smoking cigarettes regularly?

28. What population group do you belong to?

- ☐ African
- ☐ Coloured
- ☐ Asian/Indian
- ☐ White
- ☐ Prefer not to answer

29. What is the highest level of education that you have completed?

- ☐ No formal schooling
- ☐ Some primary school completed (Grade 7 not completed)
- ☐ Completed primary school (Grade 7 completed)
- ☐ Some secondary school completed (Grade 12 not completed)
- ☐ Completed secondary school (Grade 12)
- ☐ Completed a tertiary qualification
- ☐ Post-graduate degree completed
- ☐ Don't know
- ☐ Prefer not to answer

30. What was your household's monthly after-tax total income (before the lockdown)? This includes all sources of income, like social grants, UIF, etc.

- ☐ R0 – R400
- ☐ R401 – R800
- ☐ R801 – R1 600
- ☐ R1 601 – R3 200
- ☐ R3 201 – R6 400
- ☐ R6 401 – R12 800
- ☐ R12 801 – R25 600
- ☐ R25 601 - R51 200
- ☐ R51 201 – R102 400
- ☐ R102 401 – R204 800
- ☐ R204 801 or more
- ☐ Prefer not to answer
- ☐ Don't know

31. In which province do you live?

- ☐ Eastern Cape
- ☐ Free State
- ☐ Gauteng
- ☐ KwaZulu-Natal
- ☐ Limpopo
- ☐ Mpumalanga
- ☐ Northern Cape
- ☐ North-West Province
- ☐ Western Cape

32. Which of the following best describes the area where you live?

- ☐ Farm
- ☐ Informal settlement
- ☐ City
- ☐ Rural
- ☐ Suburb
- ☐ Town
- ☐ Township

33. Any further comments?

Thank you for participating in this survey. If you would like to be included in the draw to win one of ten R500 Takealot vouchers, please fill in your cell phone number or email. We will not use your contact information for any other purpose. The draw will take place on 19th of June.

34. Phone number

35. Email address

36. We do not know what will happen with the ban on cigarette sales in the weeks and months to come. We may want to do a short follow-up survey once the ban has been lifted. May we contact you again?

☐ Yes

☐ No