

Household Selection Procedure

Start your walk pattern from the starting point indicated on the EA map. Use an interval of 10 houses between your starting point and the first house that you visit. If a call is unsuccessful, use the table below to record your progress until you make a successful call. Circle a code number for unsuccessful calls only. Continue walking and going to every 10th house until you have a successful interview.

Reasons for Unsuccessful Calls	HH 1	HH 2	HH 3	HH 4	HH 5	HH 6	HH 7	HH 8	HH 9	HH 10	HH 11	HH 12	HH 13	HH 14	HH 15	HH 16	HH 17	HH 18	HH 19	HH 20
Household refused to participate	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Head of Household refused to be interviewed	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
Only one person lives in household	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
Broke off interview	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
Unable to enter dwelling/ building/ housing unit	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5
No one at residence	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6
Household head away / unavailable for survey period	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7	7
Household head not available after the call back	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
Physically or mentally disabled / incompetent / deaf	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9	9
Drunk/ drugged	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10
Unable to reach EA / unsafe area	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11	11
Business premises, school, school, church, hospital etc.	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12	12
Successful interview	13	13	13	13	13	13	13	13	13	13	13	13	13	13	13	13	13	13	13	13

PROJECT INFORMATION AND INFORMED CONSENT

INTRODUCTION: Good day, my name is..... and I am working as a Researcher for Citizen Surveys, a research company.

Food and nutrition is an important concern in Cape Town but we do not know enough about people's access to food and what kinds of foods they consume. In order to understand the extent of hunger and poor nutrition in the city, the University of Cape Town is undertaking a survey of where households in the city obtain their food, what they eat and whether they have enough good quality food.

We are talking to people in Cape Town about how they get food and other important and related social and economic issues. Your household has been randomly selected and we would like to discuss these issues with the head of the household or a responsible adult member of this household who will be able provide us with information on how this household obtains food and what the household eats.

Your opinions will help us to get a better idea about how people in Cape Town feel about these issues. There are no right or wrong answers. The interview will take about 45 minutes. Your answers will be confidential. They will be put together with over 2500 other people we are talking to in Cape Town to get an overall picture. We will not be recording your full name and surname, and it will be impossible to pick you out from what you say, so please feel free to tell us what you think.

A Approximately how many people, including children live in this household?

1 person only	1	➤ IF YES CLOSE INTERVIEW: Thank you for your time. Goodbye.
More than 1 person	2	➤ Continue

B May I speak to the head of this household or a responsible adult member of this household please?
If the Head of Household is not available then make an appointment for a call back?

C Repeat the introduction to the Head of Household is available then and ask: Are you willing to participate?

Yes	1	➤ Continue
No	2	➤ IF NO: READ OUT: Thank you for your time. Goodbye.

A. FOOD INSECURITY

1. **HOUSEHOLD FOOD INSECURITY ACCESS SCALE (HFIAS).**
I would like to start off by reading some statements that people have made about their household's food consumption over the past four weeks. For each statement I would like you to tell me whether this happened rarely, sometimes, often or never in the **past four weeks**.
Interviewer: HAND SHOWCARD TO RESPONDENT (READ list and circle only ONE answer for each question)

Household Food Insecurity Access Scale (HFIAS) for last four weeks	No	Rarely (once or twice)	Sometimes (3 to 10 times)	Often (more than 10 times)
a. In the past four weeks, did you worry that your household would not have enough food?	1	2	3	4
b. In the past four weeks were you or any household member not able to eat the kinds of foods you preferred because of a lack of resources (money)?	1	2	3	4
c. In the past four weeks did you or any household member have to eat a limited variety of foods due to a lack of resources (money)?	1	2	3	4
d. In the past four weeks, did you or any household member have to eat some foods that you really did not want to eat because of a lack of resources (money) to obtain other types of food?	1	2	3	4
e. In the past four weeks, did you or any household member have to eat a smaller meal than you felt you needed because there was not enough food?	1	2	3	4
f. In the past four weeks, did you or any household member have to eat fewer meals in a day because there was not enough food?	1	2	3	4
g. In the past four weeks, was there ever no food to eat of any kind in your household because of lack of resources (money) to get food?	1	2	3	4
h. In the past four weeks, did you or any household member go to sleep at night hungry because there was not enough food?	1	2	3	4
i. In the past four weeks, did you or any household member go a whole day and night without eating anything because there was not enough food?	1	2	3	4
j. In the past week, did you or any household member eat a cooked meal less than once a day?	1	2	3	4

2. **HOUSEHOLD DIETARY DIVERSITY SCORE (HDDS)**
Now I would like to ask you about the types of foods that you or anyone else in your household ate **YESTERDAY**. By yesterday we are referring to foods that were eaten during the day and/or at night.
(Read the list of foods. Circle YES in the box if anyone in the household ate the food in question, circle NO if no one in the household ate the food)

Types of food	Yes	No
a. Any pasta, bread, rice noodles, biscuits or any other foods made from flour, millet, sorghum, maize, rice, wheat, or oats	1	2
b. Any potatoes, sweet potatoes, beetroots, carrots or any other foods made from them (e.g. chips, crisps)	1	2
c. Any other vegetables	1	2
d. Any fruits	1	2
e. Any beef, pork, lamb, goat, rabbit, wild game, chicken, duck, other birds, chicken heads and feet, liver, kidney, heart, or other organ meats / offal or products	1	2
f. Eggs	1	2
g. Any fresh fish, dried fish or shellfish (e.g crayfish, prawns, perlemoen, mussels etc)	1	2
h. Any foods made from beans, peas, lentils, or nuts	1	2
i. Any cheese, yoghurt, milk or other milk/dairy products	1	2
j. Any foods made with oil, fat, or butter	1	2
k. Any sugar or honey (including sugar in tea, coffee etc)	1	2
l. Any other foods, such as condiments, coffee, tea	1	2

MONTHS OF ADEQUATE HOUSEHOLD PROVISIONING (MAHP)

Now I would like to ask you about your household's food supply during different months of the year. When responding to these questions please think back over the last 12 months.

3a. In the past 12 months, were there months in which you did not have enough food to meet your household's needs?

Yes	1	➤	Continue
No	2	➤	Skip to Question 4

3b. If YES, ask: which were the months (in the past 12 months) in which you did not have enough food to meet your family's needs?

Circle the months in which household did not have enough food to meet needs	Yes
a. January	01
b. February	02
c. March	03
d. April	04
e. May	05
f. June	06
g. July	07
h. August	08
i. September	09
j. October	10
k. November	11
l. December	12

4. **EXPERIENCE OF FOOD PRICE CHANGES**
 Now I would like to ask you about your household's experience of food prices over the past six months. Over the past six months, have you or your household gone without certain types of food because of the price of food (it is unaffordable)?
 (Circle the appropriate answer)

Frequency of going without food because of price of food		
a. About once a month	1	Ask Q5
b. About once a week	2	
c. More than once a week but less than every day of the week	3	
d. Every day	4	
e. Never	5	Skip to Q6
f. Don't know	9	

5. You have said that over the past six months, you or your household have gone without food because of the increase in the price of food items. Which types of foods have you or your household gone without? **(Read the list of foods. Circle 'Yes' in the box if anyone in the household has gone without this food and 'NO' if they have had this food)**

Types of food	Yes	No
a. Any pasta, bread, rice noodles, biscuits or any other foods made from flour, millet, sorghum, maize, rice, wheat, or oats	1	2
b. Any potatoes, sweet potatoes, beetroots, carrots or any other foods made from them (e.g. chips, crisps)	1	2
c. Any other vegetables	1	2
d. Any fruits	1	2
e. Any beef, pork, lamb, goat, rabbit, wild game, chicken, duck, other birds, chicken heads and feet, liver, kidney, heart, or other organ meats/offal or products	1	2
f. Eggs	1	2
g. Any fresh fish, dried fish or shellfish (e.g crayfish, prawns, perlemoen, mussels etc)	1	2
h. Any foods made from beans, peas, lentils, or nuts	1	2
i. Any cheese, yoghurt, milk or other milk/dairy products	1	2
j. Any foods made with oil, fat, or butter	1	2
k. Any sugar or honey (including sugar in tea, coffee etc)	1	2
l. Any other foods, such as condiments, coffee, tea	1	2

6. Did any of the following problems prevent you from having enough food to meet your family's needs in the past six months? **(Read the list of problems. Circle 'Yes' in the box if the problem has prevented the household from having enough to eat in the past six months. Circle 'No' if it did not affect this household's food consumption.)**

Problem	Yes	No
a. Insecurity / violence	1	2
b. Theft of money/food	1	2
c. Death of a working household member	1	2
d. Death of the head of the household	1	2
e. Death of other household member	1	2
f. Serious illness of household member	1	2
g. Accident of household member	1	2
h. Loss / reduced employment for a household member	1	2
i. Reduced income of a household member	1	2
j. Relocation of the family	1	2
k. Reduced or cut-off of remittances from relatives	1	2
l. Taking in orphans of deceased parent(s)	1	2
m. Health risks / epidemics (e.g. cholera)	1	2
n. Floods, fire and / or other environmental hazards	1	2
o. Increased cost of water	1	2
p. End of a social grant	1	2
q. Food cannot be safely stored because of pests (e.g. insects, rats, mice)	1	2
r. Lack of refrigeration for food	1	2
s. Political problems / issues	1	2

B. FOOD SOURCES

7a.	Does this household obtain any of its food from the following sources? <i>(Read the list of food sources. Circle 'Food Code' if the respondent answers yes to the food source on the list.)</i>
7b.	How often does the household usually obtain its food from these sources? <i>Hand showcard and ask for the <u>frequency of obtaining food from each source where food is obtained from</u></i>

Source of food	(7a) Food Code	(7b) Frequency Food Obtained from this Source				
		At least five days a week	At least once a week	At least once a month	At least once in six months	At least once a year
a. Supermarket (Pick n Pay, Shoprite, Spar etc)	01	1	2	3	4	5
b. Small shop (e.g. grocer, café, butchery)	02	1	2	3	4	5
c. Fast Food Take away (e.g. KFC)	03	1	2	3	4	5
d. Restaurant	04	1	2	3	4	5
e. Market (e.g. Greenmarket, Bo-Kaap, City Bowl)	05	1	2	3	4	5
f. Spaza shop	06	1	2	3	4	5
g. Street seller / trader / hawker	07	1	2	3	4	5
h. Livestock owned by household (chickens, sheep etc)	08	1	2	3	4	5
i. Household grows it	09	1	2	3	4	5
j. Food sent by relatives in rural areas	10	1	2	3	4	5
k. Food sent by relatives in another suburb / community of Cape Town	11	1	2	3	4	5
l. Food sent by relatives in other towns / cities	12	1	2	3	4	5
m. Shared meal with neighbours and / or other households in community	13	1	2	3	4	5
n. Food provided by neighbours and / or other households in community	14	1	2	3	4	5
o. Community food kitchen (e.g. soup kitchen)	15	1	2	3	4	5
p. Borrow food from others	16	1	2	3	4	5
q. Food provided at work	17	1	2	3	4	5
r. Food provided to children at school / creche - educare	18	1	2	3	4	5
s. Begging	19	1	2	3	4	5
t. Other (specify)	20	1	2	3	4	5

8a	Has your household purchased any of the following foods in the last month (30 days) <i>(Read the list of foods)?</i> Circle 'Food Code' in the box if anyone in the household answers yes to the food on the list.
8b	Ask for each type of food bought in the last month (30 days): <u>How many times</u> in the last month (30 days) did your household purchase this food? Hand show card and circle frequency. ONE answer per type of food
8c	Ask for each type of food bought in the last month (30 days): <u>Where</u> does your household normally purchase this food? Hand show card and circle frequency. More than one answer per type of food allowed
8d	Ask for each outlet purchased from : Where is this outlet located? Hand showcard

Type of food	(8a) Food Code	(8b) How many times in the last month (30 days) did your household purchase this food				(8c) Where does your household normally purchase this food									(8d) Where is this outlet located?					
		At least 5 days a week	Once a week	Once every two weeks	Once a month	Supermarket	Small shop (e.g. grocer, café)	Butchery or bakery	Take away	Restaurant	Formal market	Informal market	Spaza shop	Street seller / trader	Within my Neighbourhood (in walking distance)	On Road to or from Work	CBD Main / Downtown Cape Town / Waterfront	Other Shopping Area (e.g. Claremont, Bellville, Wynberg, Muizenberg)	Outside the city	Other
a. Mealie meal	1	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
b. White bread	2	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
c. Brown bread	3	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
d. Rice	4	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
e. Pasta (spaghetti, macaroni)	5	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
f. Fresh vegetables	6	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
g. Fresh fruit	7	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
h. Tinned / canned vegetables	8	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
i. Tinned / canned fruit	9	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
j. Fresh Meat	10	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
k. Frozen meat	11	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
l. Cooked meat	12	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
m. Offal	13	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6

Type of food	(8a) Food Code	(8b) How many times in the last month (30 days) did your household purchase this food				(8c) Where does your household normally purchase this food									(8d) Where is this outlet located?					
		At least 5 days a week	Once a week	Once every two weeks	Once a month	Supermarket	Small shop (e.g. grocer, café)	Butchery or bakery	Take away	Restaurant	Formal market	Informal market	Spaza shop	Street seller / trader	Within my Neighbourhood (in walking distance)	On Road to or from Work	CBD Main / Downtown Cape Town / Waterfront	Other Shopping Area (e.g. Claremont, Bellville, Wynberg, Muizenberg)	Outside the city	Other
n. Tinned / canned meat	14	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
o. Frozen Chicken	15	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
p. Fresh chicken	16	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
q. Cooked chicken	17	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
r. Fresh fish	18	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
s. Frozen fish	19	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
t. Cooked fish	20	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
u. Pies / samosa / vetkoek	21	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
v. Eggs	22	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
w. Fresh Milk	23	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
x. Sour milk / maas	24	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
y. Tea / Coffee	25	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
z. Sugar	26	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
aa. Cooking oil	27	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
bb. Snacks (Crisps / nik naks etc)	28	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
ab. Sweets / chocolate	29	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6
ac. Chips / French Fries	30	1	2	3	4	1	2	3	4	5	6	7	8	9	1	2	3	4	5	6

9a. Does your household shop regularly (at least once a month) at a supermarket (e.g. Checkers, Shoprite, Pick 'n Pay, Woolworths, Spar)

Yes	1	➤ Ask Q9b
No	2	➤ Ask Q9c

9b. *IF YES (above Q9a) ask:* I would like to read out some things that people have said about shopping at supermarket and I would like you to tell me if you agree or disagree with the statement. READ OUT

Statements	Agree	Neither Agree nor disagree	Disagree
a. Food is cheaper at supermarkets	1	2	3
b. Food is better quality at supermarkets	1	2	3
c. Supermarkets have a greater variety of foods	1	2	3
d. We can buy in bulk at supermarkets	1	2	3
e. Supermarkets are where we get social grant pay-outs so we shop there	1	2	3

9c. *IF NO, (above, Q9a), ask:* I would like to read out some things that people have said about not shopping at supermarket and I would like you to tell me if you agree or disagree with the statement. READ OUT

Statements	Agree	Neither Agree nor disagree	Disagree
a. Supermarkets are too far away	1	2	3
b. Supermarkets are too expensive	1	2	3
c. Supermarkets do not provide credit	1	2	3
d. Supermarkets are only for the wealthy	1	2	3
e. Supermarkets do not sell the food that we need	1	2	3

10a. Does your household grow any of its own food in Cape Town?

Yes	1	➤ Skip to Q10b
No	2	➤ Ask Q10c

10b. *IF YES ask:* What crops do you grow? (circle all that apply)

a. Maize / Mealies / Corn	1
b. Vegetables (including herbs)	2
c. Fruit	3
d. Other (specify)	4

IF Q10a and Q10b is answered then SKIP TO Q10d

10c. *Ask if Household does not grow any of its own food in Cape Town (answered NO in Q10a):* I would like to read out some statements that people have made about not growing their own food. For each statement I would like you to tell me if you agree or disagree with that statement. **READ OUT**

Reasons for not growing own food	Agree	Neither agree nor disagree	Disagree
a. Farming is for rural people only	1	2	3
b. We have no land on which to grow food	1	2	3
c. We have no interest in growing food	1	2	3
d. We lack the skills to grow food	1	2	3
e. We do not have access to inputs (seeds, water, fertilizer)	1	2	3
f. We do not have the time or labour	1	2	3
g. It is easier to buy our food than grow it	1	2	3
h. People would steal whatever we grow	1	2	3

10d. **Ask ALL** Does your household own / keep any livestock here in the city? By livestock I am referring to animals such as cows, sheep chickens etc.

Yes	1	➤ Ask Q10e
No	2	➤ Skip to Q11

10e. **IF YES ask:** What livestock do you keep? (circle all that apply)

a. Cows	1
b. Goats	2
c. Sheep	3
d. Chickens	4
e. Pigs	5
f. Other (specify)	6

11. **ASK ALL:** Does your household participate in any community food production schemes or communal food gardens/ projects?

Yes	1
No	2

C. HOUSEHOLD ROSTER

12. Now we require some information on the entire household. Please tell me how many people including yourself, children and babies live in this household. By household members we are referring to people who eat from the same pot and it includes children, babies and members of the household who are away working (migrants) or for other reasons). **List on the grid below the details for all people, including children and babies living in the household.**

Q12a Write in total number of HH members	1 House hold Head	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
Record the first names of each HH member																				

Q12k What is the work status of.....? Hand Showcard (Ask for all HH members)																				
Self-employed	01																			
Working full-time	02																			
Working part-time/ casual/ contract/ seasonal	03																			
Unemployed and looking for work	04																			
Unemployed but not looking for work	05																			
Housewife	06																			
Pensioner	07																			
Medically unfit, disabled, etc.	08																			
Student / Scholar / Child	09																			

Q12l What is the occupation of.....? (Ask for all HH members. Hand Showcard)																				
---	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Q12m What was the income of..... last month for their main occupation?																				
---	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--

Q12n. Current health status Does suffer from any of the following? Hand Showcard (Ask for all HH members. Record up to 4 illnesses per HH member)																				

Q12o Where was main meal eaten yesterday by.....? Hand Showcard																				
Home (this household)	01																			
Another household	02																			
Work place	03																			
Restaurant	04																			
Take away	05																			
Street food	06																			
School	07																			
Community food kitchen	08																			
Did not eat a meal	09																			

Q12p Who in the household normally does any of the following:																				
Buys food	1																			
Prepares food	2																			
Decides who will get food (allocates)	3																			
Grows food (produces)	4																			

Show card for Q12n Health status	
Diabetes	01
Heart problems	02
Obesity	03
Malnutrition	04
Hypertension/stroke	05
Asthma	06
Arthritis	07
Tuberculosis (TB)	08
Chronic diarrhoea	09
Cancer	10

Show card for Q12l Occupation	
Pre-school child	01
Agricultural worker	02
Farmer	03
Service worker	04
Domestic worker	05
Nurse / health worker	06
Office worker	07
Foreman	08
Mine worker	09
Skilled manual worker	10
Unskilled manual worker	11
Informal sector producer	12
Trader / hawker / vendor	13
Security personnel	14

(continuation) Show card for Q12l Occupation	
Police / Military	15
Businessman / woman (self-employed)	16
Employer / Manager	17
Professional (doctor, lawyer)	18
Teacher	19
Health worker	20
Civil servant	21
Fisherman	22
Truck driver	23
Pensioner	24
Scholar / Student	25
House work (unpaid)	26
Unemployed/ Job seeker	27
Other (specify)	28

D. HOUSEHOLD DATA

13.

(INTERVIEWER: OBSERVE and COMPLETE. Do not ask) Which one of the following housing types best describes the type of dwelling this household occupies? **ONE answer**

Type of dwelling	Circle ONE answer
a. House	01
b. Town house	02
c. Flat	03
d. Traditional dwelling / homestead	04
e. Hostel / Compound / dormitory	05
f. Hotel / Boarding house	06
g. Backyard shack attached to house	07
h. Room in house	08
i. Room in flat	09
j. Shack in informal settlement/squatter camp	10
k. Mobile home (caravan / tent)	11
l. Other (specify):	12

14.

Which if the following best describes the setup of this household?
(DO NOT read aloud - ask about household type and circle only ONE answer)

a. Female Centered <i>(No husband / male partner in household, may include relatives, children, friends)</i>	1
b. Male Centered <i>(No wife / female partner in household, may include relatives, children, friends)</i>	2
c. Nuclear <i>(Husband / male partner and wife/ female partner with or without children)</i>	3
d. Extended <i>(Husband / male partner and wife/ female partner and children and relatives)</i>	4
e. Single person household <i>(Respondent lives alone)</i>	5
f. Other (specify):	6

What was the household income in the last month from the following sources (in the last one (1) month):	
15a.	Interviewer: Read out each category on the list and circle if income was earned from that category. Then complete the information for that row.
15b.	Enter amount over the past one (1) month to nearest Rand. Do not use decimal points e.g. record ninety rand as R90 and not <u>R90.00</u> Fill in zero for categories that do not apply.

Q15a: Categories where income was obtained from		Q15b. Amount (last month) (to nearest Rand)
a. Wage work (formal sector)	01	
b. Wage work (informal sector)	02	
c. Casual work	03	
d. Self-employment income from formal business	04	
e. Self-Employment income from informal business	05	
f. Income from selling agricultural products grown by the household	06	
g. Income from rental (renting out a property, room in dwelling, servants quarters, garage, backyard dwelling, shack)	07	
h. Unemployment insurance (UIF)	08	
i. Pension from work / retirement package	09	
j. State pension / old age grant	10	
k. Child grant/s	11	
l. Disability grant	12	
m. Other grant (war veterans,etc)	13	
n. Maintenance payment	14	
o. Bank loans	15	
p. Money lenders	16	
q. Borrowing from friends / relatives	17	
r. Gifts	18	
s. Begging	19	
t. Other (specify)	20	
u. Refused to answer	21	
v. Don't know	22	
TOTAL MONTHLY INCOME (Do not complete)	OFFICE	

How much did the household spend on the following in the last one (1) month:	
16a	Interviewer: Read out each category on the list and circle if income was earned from that category. Then complete the information for that row.
16b	Enter amount over the past one (1) month to nearest Rand. Do not use decimal points e.g. record ninety rand as R90 and not R90.00 Fill in zero for categories that do not apply.

MONTHLY HOUSEHOLD EXPENSES	AMOUNT
a. Food and groceries (excluding clothing, fuel, furniture, accounts, etc.)	
b. Public transport (bus, taxi, train)	
c. Private transport (including fuel, repairs, etc.)	
d. Rent	
e. Bond repayments	
f. Loans to others	
g. Repayment of household loans/credit	
h. Telephone (TELKOM)	
i. Cell phone Contracts/Airtime	
j. Municipal services:	
a. Water	
b. Electricity	
c. Sanitation/refuse removal	
d. Property Rates	
k. a. Motor vehicle/s (instalments/payments)	
b. Furniture (cash or instalment)	
c. Clothing (cash or instalments/accounts)	
d. Other	
l. Other energy expenses (e.g., wood, paraffin, charcoal / coal, candles, gas, purchasing / charging batteries, diesel for generators, etc.)	
m. Education (including clothing, books, school fees, etc.)	
n. Health (including trips to doctor, clinic / hospital, medicines, medical aid contributions, home-based care etc.)	
o. Lotto	
p. Entertainment (Sports, eating out, movies, DVD's, videos, casino, etc.)	
q. Savings	
r. Insurance	
s. Funeral costs	
t. Contributions to stokvels / burial societies / co-operatives	
u. Donations to charity	
v. Goods purchased for resale	
w. Money sent to other relatives (remittances)	
x. Other (All other expenses)	
TOTAL MONTHLY EXPENSES (do not complete) OFFICE	

17.	How would you say the economic conditions of your household are today compared to your household a year ago? (Circle one answer only)
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Economic conditions	
a. Much worse	1
b. Worse	2
c. The same	3
d. Better	4
e. Much better	5

Living Poverty Index

18. Over the past year, how often, if ever, have you or your family (household) gone without:
(Read each question aloud and circle the most appropriate response. Circle only ONE answer for EACH ROW).

Conditions	Never	Just once or twice	Several times	Many times	Always	Don't know
a. Enough food to eat?	1	2	3	4	5	6
b. Enough clean water for home use?	1	2	3	4	5	6
c. Medicine or medical treatment?	1	2	3	4	5	6
d. Electricity in your home?	1	2	3	4	5	6
e. Enough fuel (electricity, wood, gas, paraffin, coal, etc) to cook your food?	1	2	3	4	5	6
f. A cash income?	1	2	3	4	5	6

E. SOCIAL GRANTS

19. Does anyone in this household receive any of the following social grants? **READ OUT** *(Accept multiple responses for type of aid and source of aid).*

Type of Aid	Yes	No
a. Child grants	1	2
b. Old Age Pension	1	2
c. Disability grant	1	2
d. War veterans grant	1	2
e. Foster care grant	1	2
f. Food vouchers	1	2
g. Food for work	1	2
h. Food aid (food from organisations such as parcels from the UN, UNICEF etc	1	2

20. How much does the household receive in social grants in total per month?

Amount in Rands: R _____

21. Where does the household receive its social grants?

Source of Social Grant	
a. At a cash pay-point / SASSA pay point (excluding supermarkets)	1
b. At a supermarket	2
c. Electronic deposit into bank or Postbank account	3
d. Other: (please specify)	5

22. Does the household use its social grants for any of the following: **read out each category and circle under the appropriate column**

Use of social grant	Yes	No
a. Purchase food/groceries for household	1	2
b. Pay education expenses (uniforms, fees)	1	2
c. Buy clothing	1	2
d. Buy household items	1	2
e. Pay medical expenses	1	2
f. Pay utilities (water, electricity)	1	2
g. Buy livestock	1	2
h. Buy seeds/fertilizer to grow produce	1	2
i. Remittances – send money to other relatives	1	2
j. Savings	1	2
k. Pay Debts	1	2
l. Gifts	1	2

23. How important are social grants to the food security of this household? Would you say it is **Read out and probe for strength of opinion; circle only ONE answer)**

Importance of social grants	
a. Very important	1
b. Important	2
c. Neutral	3
d. Not important	4
e. Not important at all	5
f. Don't know	6

Thank you very much for spending this time talking with us. The information you have provided is very valuable and we appreciate you sharing it with us. Just to reiterate, as we have not recorded your family name so no one can link what you have said to you or this household, so your confidentiality is totally guaranteed.

Goodbye.

Interviewer / Supervisor pledge: I hereby certify that this interview has been completed in full with the respondent and according to the instructions I received from Citizen Surveys. Furthermore, this interview has been thoroughly checked.

Interviewer:		Date:		Supervisor:		Date:	
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End Time of Interview	HH : MM
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