

11 to 14 Anthro Assent Number (to be entered into Tablet):



National Income Dynamics Study Anthropometrics Assent Form: Minor (11-14)

PID Number																				
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My name is [] from the University of Cape Town. We are doing research to know more about how everybody in South Africa is doing. Part of this is measuring your height, weight and waist using a special height ruler, a tape measure and a scale.

Research is something we do to gain more knowledge about people, by measuring you and thousands of others we help people who want to make effective laws and activities to keep us well.

We cannot measure everybody, so we need some people of your age to show us how young people are doing. This helps us see if young people are keeping healthy, getting enough food and growing.

Agreeing to be measured for this research is up to you and no one will be angry with you if you do not want to do so or if you change your mind later. You can tell us if you want to join or not. Feel free to ask questions about our research at any time. You can tell us to stop the test at any time if you do not want to finish.

We will write down your measurements and give them to the person who looks after you. We will not tell anybody else your name or anything that shows who you are, so when people read the numbers we take away, they will not know it is you. We will keep your address details safe because we would like to come and measure you again in 2 years but we will not give them to anyone else

Assent Statement

I agree to have my height, weight and waist measured, I can stop at any time and no one will be upset with me.

If you understand and agree to be measured, please write your name in this box

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If you understand and DO NOT want to be measured, please write your name in the box below.

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If you have questions about this interview or the NIDS project you can call Cecil Mlatsheni, NIDS Principal Investigator, 0800 11 NIDS (6437) or email nids-survey@uct.ac.za.
If you are worried about your rights or welfare with taking part in the research study, please contact: Ulrike Rivett, Ethics in Research Committee, ulrike.rivett@uct.ac.za, Tel: 021-6504-213

Return signed to University of Cape Town